



Herbal Cleanse
Metabolic Cleansing System

KEY BENEFITS:

- Helps rid the body of toxins and waste*
- Supports improved digestion and thorough internal cleansing*
- Provides 10 grams of fiber per day
- Helps remove impurities from the body*
- Supports healthy weight loss*
- Recommended every 90 days



OmegaPlex®
Omega-3 Fatty Acid Dietary Supplement

KEY BENEFITS:

- Superior source of omega-3 fatty acids
- Plays an important role in the transport of nutrients*
- Helps support normal blood flow*
- Promotes cardiovascular health in combination with a healthy diet and exercise*
- Support healthy blood pressure*
- Helps promote healthy metabolism*
- Helps maintain a healthy immune system*
- Promotes maintenance of healthy skin, hair and nails*



AdvoCare Spark® Energy Drink
Vitamin & Amino Acid Supplement

KEY BENEFITS:

- Enhances mental energy and focus*
- Provides support for long-lasting energy*
- Helps fight occasional drowsiness*
- 21 vitamins, minerals and nutrients
- Sugar-free and only 45 calories
- Helps reduce free radicals*

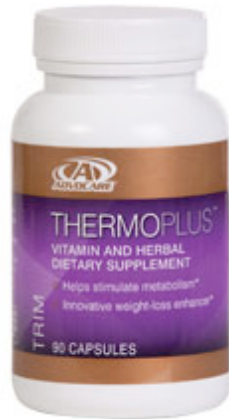


Meal Replacement Shake

KEY BENEFITS:

- Only 220 calories
- Balanced meal for optimal nutrition and weight management
- 24 grams of easy-to-digest protein
- High in dietary fiber (5-6 grams)
- 50% of the Daily Value of calcium
- 26 vitamins and minerals
- 1:1 ratio of proteins to carbohydrates
- Low sodium and low fat

HIGHLY RECOMMENDED “ADD ON” PRODUCTS



ThermoPlus™
Vitamin and Herbal Dietary Supplement

KEY BENEFITS:

- Innovative weight-loss enhancer*
- Supports the body’s ability to convert fat into energy*
- Promotes a healthy metabolism*
- Helps suppress appetite*
- Contains oolong tea and sage extracts
- Can be used in conjunction with the AdvoCare Metabolic Nutrition Systems



Catalyst™
Amino Acid Dietary Supplement

KEY BENEFITS:

- Helps maintain muscle mass during exercise and weight management*
- Helps support post-exercise muscle repair and recovery*
- Aids in preserving muscle and energy levels during times of calorie restriction*
- Supports mental energy and focus*
- Contains branched-chain amino acids and L-glutamine, L-arginine, betaine, and taurine